

# Ottery Help Scheme Services



Service	Location	Frequency	Day	Time	Max. Capacity	Availability	Comments, Donations & Charges
Seated Exercise	The Station	Weekly	Thurs and Fri	10:30am - 12noon	10	YES	£5
Carers' Café	The Coffee Bank	Weekly	Wednesday	10:30am - 12noon	6	YES	Donation welcome. Carers to purchase their own refreshments.
Memory Café	Cricket Club	Monthly	2nd Thursday 4th Thursday	10:30am - 12:30pm 2pm - 4pm	15 15	YES NO	Donation welcome.
Digital Drop in	Library	Fortnightly	Monday	11am - 12 noon	N/A	YES	Donation welcome.
Community Transport	Various	Daily	Mon - Fri	Flexible	N/A	YES	30+ drivers supporting clients with medical appointments. Suggestion donation.
Time for You	Home	Daily	Mon - Fri	Flexible	N/A	YES	Trained volunteers have Enhanced DBS checks. £5 per hour.
Minibus Hire	The Station	Daily	All	Flexible	14 Seater	YES	For charities, volunteer groups and care homes. Charge £1 per mile. For Care Homes; £25 half day or £50 full day, plus 50p per mile.
Home Services	Clients Home	Daily	Mon - Fri	Flexible	N/A	NO	Cleaning, shopping, accompanying, trips out, meal planning and food prep. £25 initial consultation. £16 per hour thereafter.
Befriending	Home/Telephone	Daily	Mon - Fri	Flexible	N/A	YES	For company and companionship. Donation welcome.
Bereavement Support	Home/Telephone	Daily	Mon - Fri	Flexible	N/A	YES	Providing support and comfort. Donation welcome.
Wheelchair Hire	The Station	Daily	All	Flexible	N/A	YES	There are 4 adult chairs and 1 child chair available to hire. £3 per week, £13 per month and £10 per month thereafter.
Friendship Group	Cricket Club	Monthly	1st Tuesday	2pm - 4pm	15	YES	Tea, coffee, cake, chat and activities. Donation welcome.
Form Filling	Home/Telephone	Daily	Mon - Fri	Flexible	N/A	YES	Excludes PIP forms. Donation welcome.
Nailcutting Service	Ottery Hospital	Weekly	Friday	By appointment	N/A	YES	£20 for first appointment which includes own nail cutters. £10 thereafter.
Prescription Collection	Pharmacy to Clients home	Daily	Mon - Fri	Flexible	N/A	YES	Donation welcome.
Fire Safety	Home	Daily	Mon - Fri	By appointment	N/A	YES	Referrals to Devon & Somerset Fire Service. Free. Home safety check to identify fire risks and provide free equipment if required.